



RUN HIGH BRIDGE



CENTRA
Southside Community Hospital

Saturday, March 18, 2017

\$4.00 Parking at Race Site, (Camp Paradise Road/Aspen Hill Road (Rt. 601), Rice, VA 23966)

8:00 a.m. Registration begins; 9:00 a.m. Run begins

Walker/Runner Fees:

\$20 thru March 3

\$25 March 4 - March 16

\$30 March 17 & 18

The Cumberland County Public Schools Foundation, Inc. AND Centra Southside Community Hospital are sponsoring a 5K - "Run High Bridge." The event will start at the Camp Paradise entrance of the High Bridge Trail State Park and offers an out and back run across the legendary High Bridge. Proceeds will go to scholarships for graduates of the Cumberland County High School. Participants who register through March 3 will receive an Event t-shirt. Awards: top three overall (male/female), top Master (male/female), top three (male/female) age groups: 12 & under, 13 - 19, 20 - 29, 30 - 39, 40 - 49, 50 - 59, 60 - 69 and 70 and over. Timing and scoring of the 5K Run for Scholarships will be provided by Riverside Runners. Online registration is available at <https://runsignup.com/runhighbridge5k>. Early registration deadline: March 3, 2017.



**Southside
Virginia
Family
YMCA,
Partner**

For more information, please visit
www.riversiderunners.com
www.run4scholarships.weebly.com
or email Linda Lineweaver at
brandyknoll@verizon.net

